

Class Descriptions/Attire Requirements

BT=Combination class of ballet & tap

BTJ=Combination class of ballet, tap & jazz

Mommy & Me 12-36 months Non-performing	<p>A fun 45 minute movement class for budding dancers. Each child must be accompanied by a participating parent or caregiver. Attire: Comfortable clothing, socks or barefoot.</p>
Creative Dance 3-5 Year olds Non-performing	<p>A fun, age appropriate, 45 minute creative movement class. Children should at least be working on potty training. (Pull-ups acceptable) Attire: Comfortable clothing or leotard and tights. Socks, barefoot or ballet shoes.</p>
Pre-Dance (BT) Preschoolers Recital Dances: 1 (Either B or T)	<p>This 45 minute class introduces the basics of ballet and tap in a fun and age appropriate setting for pre-schoolers. Children should at least be working on potty training. (Pull-ups acceptable) Attire: Tights and a leotard, black tie tap shoes and pink leather ballet shoes.</p>
Mini A (BT) K-1st graders Recital Dances: 2	<p>1 hour of instruction in tap and ballet. Attire: Tights and a leotard, tan tap shoes and pink leather ballet shoes.</p>
Mini B (BTJ) 1st-2nd graders Recital Dances: TBD	<p>1 and 1/4 hours of instruction ballet, tap, and jazz. Attire: Tights and a leotard, tan tap shoes and pink leather ballet shoes. You do not need to purchase jazz shoes right away.</p>
Young A & B (BTJ) 2nd-4th graders Recital Dances: 3	<p>1 and 1/2 hours of instruction in the standard combination of ballet, tap, and jazz. "B" is higher level than "A." Attire: Tights and a leotard, tan tap shoes, tan jazz shoes and pink leather ballet shoes.</p>
Junior (BTJ) 4th-6th graders Recital Dances: 3	<p>1 3/4 hours of instruction in the standard combination of ballet, tap, and jazz. Attire: Tights and a leotard, tan tap shoes, tan jazz shoes and pink leather ballet shoes.</p>
Junior Teen (BTJ) 5th-8th graders Recital Dances: 3	<p>2 hours of instruction in the standard combination of ballet, tap and jazz. "A" is beginner level and "B" is more experienced. Attire: Tights and a leotard, tan tap shoes, tan jazz shoes and pink leather split sole ballet shoes.</p>
Tap and Jazz Teen B & C Recital Dances: 2	<p>1 1/2 hours of instruction tap and jazz for 8th graders and up. "C" level students are more experienced than "B." Jazz or tap may be also be taken independently. Attire: Tights and a leotard, black Capezio lace-up tap shoes, tan Bloch slip-on jazz shoes.</p>
Ballet Technique Non-performing	<p>45 minutes - 1 1/2 hour of ballet technique. An appropriate level ballet technique will be recommended. Dancers may choose to take additional ballet technique classes. Attire: Tights and leotard, pink split sole Sansha canvas ballet shoes. <u>No skirts permitted.</u></p>
Ballet Performance Recital Dance: 1	<p>30 minutes of ballet steps which will ultimately be put in a recital dance. Must be enrolled in a ballet technique class. Attire: Tights and leotard, pink split sole Sansha canvas ballet shoes. Skirts permitted.</p>

The shoes listed are recital requirements and are listed for your advance planning. Though you will need to purchase them eventually, it is o.k. if your dancer takes class in the 'wrong' type of/color shoe.

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<p>Musical Theatre 4th-8th graders Recital Dance: 1</p>	<p>45 minutes of instruction for 8-12 yr. olds in character and open performance. Primary focus will be on stage presence, theatrical concepts, and movement. Attire: Leotard, tights. Bring your tap and jazz shoes! Dancers must be taking another dance discipline to enroll in this class.</p>
<p>Acro. Basic Skills Non-performing</p>	<p>45 minute class to work on basic acrobatic. Includes stretch and skills such as forward & backward rolls, cartwheels, bridges, back bends, handstands. Attire: Leotard, tights & jazz/ballet shoes or leotard and footless tights.</p>
<p>Adult Tap Int. Recital Dance: 1</p>	<p>45 minute intermediate level tap class for adults. Attire: Comfortable clothing and black lace-up tap shoes.</p>
<p>Adult Tap Beginner</p>	<p>45 minute tap class for adults. Attire: Comfortable clothing and tap shoes.</p>
<p>Adult Jazz</p>	<p>45 minute jazz class for adults. Attire: Comfortable clothing and jazz shoes.</p>
<p>Lyrical Grades 8 and up Recital Dance: 1</p>	<p>45 minutes of lyrical instruction. Must be enrolled in a ballet technique class. Attire: Footless tights, a leotard, Foot Undeez.</p>
<p>Modern Grades 8 and up Recital Dance: 1</p>	<p>45 minutes of modern dance instruction. Must be enrolled in a ballet technique class. Attire: Footless tights, a leotard, barefoot.</p>
<p>Stretch and Strengthen Grades 7 and up Non-performing</p>	<p>45 minute class focused on improving flexibility and core strength.</p>
<p>Junior (BTJ) Pre-comp. 3rd-5th Graders Recital Dances: 3</p>	<p>2 hours of instruction in the standard combination of ballet, tap and jazz. Attire: Tights and a leotard, tan tap shoes, tan jazz shoes and pink leather split sole ballet shoes. Dancers may attend one competition in May or June.</p>
<p>Hip-Hop Juniors 8 and up Recital Dance: 1</p>	<p>45 minute hip-hop class. Attire: Leotard and tights preferred. Comfortable clothing allowed. Black hip-hop sneakers will be needed for recital. Dancers can wear un-soiled sneakers or jazz shoes to classes.</p>
<p>Hip-Hop Teen Recital Dance: 1</p>	<p>45 minute hip-hop class. Attire: A leotard and tights preferred. Comfortable clothing allowed. Black hip-hop sneakers will be needed for recital. Dancers can wear un-soiled sneakers or jazz shoes to classes.</p>

General Class Attire Requirements

Before entering class, dancers hair must be up and out of the face: for longer hair - ponytail/ bun/braid, for shorter hair - half ponytail/headband. Unless otherwise specified, leotards and tights may be any color/style. Fitted shorts, jazz pants and tank tops are allowed over leotards and tights except for ballet classes or the ballet portion of combinations classes. Ballet skirts are permitted, except for *ballet tech.* classes. No hanging jewelry.

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Modern Comp. Recital Dance: 1	A 45 minute competition class devoted to modern dance. Must be enrolled in Stretch and Strengthen and a ballet technique class. Attire: Footless tights and a leotard.
Tap Comp. Teen I & II Recital Dance: 1	45 minute competition level tap class. Attire: Tights and a leotard, black Capezio Premiere or Xtreme lace-up tap shoes. Must be enrolled in a ballet technique class.
Jazz Comp. Teen I, II, III Recital Dance: 1	45 minute competition level jazz class. Attire: Tights and a leotard. Must be enrolled in Stretch and Strengthen and a ballet technique class. May wear jazz shoes or Foot Undeez to class. Recital shoes TBD.
Lyrical Comp. Teen I & II	45 minute class in lyrical/contemporary concepts. Must be enrolled in Stretch and Strengthen and a ballet technique class. Attire: Footless tights, leotard, Foot Undeez.
Tap and Jazz Comp. Juniors I-II & Junior Teen	45 minutes of instruction of each tap and jazz. Students must be enrolled in at least one ballet technique class. Attire: Tights and a leotard, tan Block slip-on jazz shoes, black lace up Capezio Premiere or Xtreme tap shoes.
Ballet Technique Non-performing	45 minutes - 1 1/2 hour of ballet technique. An appropriate level ballet technique will be recommended. Dancers interested in pursuing pointe in the future are advised to take more than one ballet technique class. Attire: Tights and leotard, pink split sole Sansha canvas ballet shoes. No skirts permitted.
Ballet Performance Recital Dance:1	30 minutes of ballet steps which will ultimately be put in a recital dance. Must be enrolled in a ballet technique class. Attire: Tights and leotard, pink split sole Sansha canvas ballet shoes. Skirt permitted in performing portion.
Pointe Recital Dance: 1	By permission only! 45 minute pointe class. Must be enrolled in at least one ballet technique class as well as stretch and strengthen. More than one ballet technique class is recommended. Attire: Tights and a leotard, pointe shoes.
Hip-Hop Comp. Junior Recital Dance: 1	45 minute competition level hip-hop class. Attire: A leotard and tights, and black hip-hop sneakers.
Hip-Hop Comp. Teen Recital Dance: 1	45 minute competition level hip-hop class. Attire: A leotard and tights, and black hip-hop sneakers.
Production Comp. Recital Dance: 1	A 45 minute class for competition students that is devoted to doing something different! It may be a musical theatre piece or just some crazy idea that I have. May not start until Session II.
Stretch and Strengthen Non-performing	45 minute class classes focused on improving flexibility and core strength. Teen competition lyrical, modern, and jazz dancers are required to take.